

# MICHIGAN<sup>®</sup>

## WRESTLING COMMUTER TECHNIQUE & TRAINING CAMP ST. EDWARD HIGH SCHOOL

- **CAMP DATES: WEDNESDAY, JULY 6-FRIDAY, JULY 8**
- **SESSION I: ALL TECHNICAL INSTRUCTION 9:00-11:00 AM**
- **SESSION II: TECHNIQUE, LIVE WRESTLING & CONDITIONING 12:00-2:00 PM**
- **ONE-HOUR LUNCH BREAK FROM 11:00-12:00 NOON (LUNCH WILL NOT BE PROVIDED)**
  - **TECHNIQUE WILL BE COVERED IN ALL AREAS OF WRESTLING**
  - **COST OF CAMP IS ONLY \$140; NO DEPOSIT WILL BE REQUIRED**
    - **WALK-IN REGISTRATION IS WELCOME; COST IS \$140**
    - **CAMP IS OPENED TO ALL WRESTLERS IN GRADES 3-12**
  - **ALL CAMPERS WILL RECEIVE A FREE MICHIGAN WRESTLING T-SHIRT**
- **FOR MORE INFORMATION AND DIRECTIONS GO TO [www.michiganwrestlingcamps.org](http://www.michiganwrestlingcamps.org)**

- **MIKE KULCZYCKI**
  - **ASSISTANT COACH**
  - **UNIVERSITY OF MICHIGAN**
  - **2001 NCAA ALL-AMERICAN**
  - **2x OH STATE CHAMP ST. EDWARD HS**

- **ERIC GRAJALES**
  - **MICHIGAN, 149 POUNDS**
  - **2x FILA JR WORLD TEAM**
  - **4x FL STATE CHAMP**
  - **CAREER PREP RECORD: 217-0**



- **KELLEN RUSSELL**
  - **MICHIGAN, 141 POUNDS**
  - **NCAA CHAMPION**
  - **2x NCAA ALL-AMERICAN**
  - **3x BIG TEN CHAMPION**
  - **SR HIGH SCHOOL CHAMP**

- **MAX HUNTLEY**
  - **MICHIGAN, 197 POUNDS**
  - **NATIONAL PREP CHAMP**
  - **2x VA STATE CHAMP**
  - **CAREER PREP RECORD: 184-22**

# CAMP APPLICATION

MAIL CAMP APPLICATION TO: MICHIGAN WRESTLING CAMPS, 1000 S. STATE, ANN ARBOR, MI 48109  
MAKE CHECKS PAYABLE TO: MIKE KULCZYCKI COST:\$140 (NO DEPOSIT IS REQUIRED)

NAME: \_\_\_\_\_ HOME ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ AGE: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ PARENTWORK PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

My child has had a recent physical examination and is physically able to participate in all camp activities and is free from infectious diseases. I relieve the directors of this camp of any responsibilities should an accident occur in conjunction with this camp.

SIGNATURE OF PARENT OR GUARDIAN: \_\_\_\_\_

FOR MORE INFORMATION: GO TO [WWW.MICHIGANWRESTLINGCAMPS.ORG](http://WWW.MICHIGANWRESTLINGCAMPS.ORG) OR CONTACT MIKE KULCZYCKI ([mkulczyc@umich.edu](mailto:mkulczyc@umich.edu), 734/615-3702)



2011

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## COMMUTER TECHNIQUE & TRAINING CAMP

**ST. EDWARD H.S.**  
**LAKEWOOD, OH JULY 6-8**